

How to Measure Your Bra Size

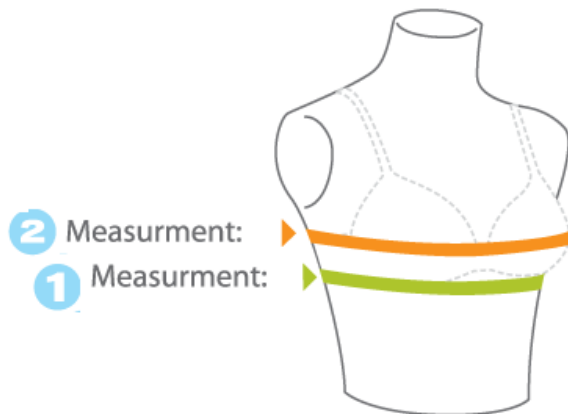
Step 1: Measuring band size

1. The best way to measure is to measure across the bottom of your existing bra band, directly under the bust and across your ribcage. You will want to keep your measuring tape straight around the back to front.
 - If you get an odd number, round up to the next even number to find your band size.

Step 2: Measuring cup size

1. You will want to measure loosely around the fullest part of your bust, with the tape straight across and around your back, bringing it to the front.
2. Subtract your band measurement from this bust measurement. The difference calculates your bra size - each inch represents a cup size.

For example, if you measure a 34 inch band size, and a 36 inch cup size, the difference is 2: which would indicate a B cup. Please see the chart below to determine your bra size:



Band Minus Bust Measurement	US Cup Sizes
less than 1"	AA
1"	AA
2"	B
3"	C
4"	D
5"	DD/E
6"	DDD/F
7"	DDDD/G